



**Ronald  
McDonald  
House**<sup>®</sup>

Pittsburgh  
Morgantown

Ronald McDonald House: Pittsburgh

# Meals from the Heart



- ♥ Would you like some ideas on what to plan for your meal? While spaghetti and tacos are easy to prepare, they are served frequently at the House. Check this list of suggestions that have worked well in the past. You may use any of the following ideas or feel free to prepare something you don't see on the list.
- ♥ Please provide a complete meal with sides and a main course for families. Do you have a recipe that has been in your family for generations or are you known for a signature dish? We'd love for you to share it with us! Check out the ideas below for meal inspirations!
- ♥ Our most popular meals served to our guests are spaghetti with red sauce and a taco bar. If you would like to sign up to prepare either of these meals, please reach out to the Volunteer Coordinator to make sure this meal is not already being served.
- ♥ Please consider a lunch or dinner that does not consist of breakfast items. We request this because breakfast items are served frequently throughout the week at breakfast time.
- ♥ Please keep in mind that lunch and dinner menus can be used for either lunch or dinner.
- ♥ There are no food restrictions. Ingredients do not need to be displayed, however, be prepared to verbally offer a list of ingredients in case of food sensitivities/allergies. Providing a vegetarian option is not required but is much appreciated due to the many cultures at the Charity.

## BREAKFAST

Pancakes French  
Toast Breakfast  
Casseroles  
Eggs  
Breakfast Meats

Breakfast Pastries/Breads  
Waffles Quiche Breakfast  
Potatoes Corned Beef Hash

Fruit Smoothies Yogurt/Cottage  
Cheese Breakfast  
Sandwiches/Wraps Huevos  
Rancheros

*\*\*Cereal is provided on the breakfast bar but boxes of cereal are always a welcome donation.  
\*\*Coffee is provided at RMH but coffee creamer is always a welcome donation*

## LUNCH

Pierogis  
Soup and Salad Bar  
Grilled Cheese and Soup  
Pizza's/Flatbreads  
(ordered locally or  
prepared in house)  
Meatball Subs

Hot Dog and Hamburger Bar  
Baked Potato Bar Chili/Chili  
Bar Macaroni and Cheese  
Tater Tot Casserole Hot  
Sandwiches or Sliders Panini's

Appetizer Bar  
Sloppy Joe's  
Taqitos  
Enchiladas  
Cheese Steaks  
Sandwich Bar  
Chicken Fingers

## DINNER

Rotisserie Chicken or Fried Chicken  
(from the grocery store) Cooked Ham  
(store bought) Stir Fry  
Ravioli/Tortellini/Manicotti  
Shepard's Pie Grilled or Baked  
Chicken Pork Chops Pigs in a Blanket  
Pot Pie Meatloaf Pigs in a Blanket

Pot Pie Meatloaf  
Chicken Casseroles  
Tuna Casserole  
Goulash Fettuccini  
Alfredo Stuffed  
Shells Beef Stew  
Beef Tips and Gravy  
Barbeque Chicken  
Lasagna Fajitas

Chicken Marsala  
Chicken Parmesan  
Chicken Piccata  
Sweet & Sour Chicken  
Stuffed Chicken Breast  
Swedish Meatballs  
Turkey Dinner  
Roast Beef Dinner Corned  
Beef & Cabbage Stuffed  
Peppers Gyros

## SIDES

Veggies  
Fruit Salad  
Rice  
Noodles  
Bread/Rolls  
  
Baked Potato Bar  
Mashed Potatoes Oven  
Roasted Potatoes  
Pierogis  
Baked French Fries

Pasta Salad Potato  
Salad Sautéed  
potatoes Corn  
Casserole Corn on  
the Cob Sweet  
Potatoes Squash  
Au Gratin Potatoes  
Cornbread French  
Fries  
  
Stuffing

## DESSERT

Angel Food Cake  
Brownies  
Fudge Ice  
Cream  
Cookies

Pies  
S'mores  
Cake  
Cheesecake